



**GOKHALE MEMORIAL GIRLS' COLLEGE**

Affiliated to University of Calcutta

# **RASHTRIYA POSHAN MAAH 2025 OBSERVANCE**

(An Initiative of Ministry of Women & Child Development, Government of India)



COMPLETE NUTRITION GUIDE

Clinical Nutrition and Wellness Solutions

Organised by **Department of Clinical Nutrition and Dietetics**

in collaboration with

**Clinical Nutrition and Wellness Solutions (CNWS)**



10/10/2025



6pm



Google meet



**Speaker**

**Dr. Shilpa Varma**

Chief Clinical Nutritionist  
BelleVue MultiSpeciality Hospital  
Mumbai



**Distinguished Panel**

**Ms. Bijoya Bhattacharjee**

Assistant professor & HOD,  
Dietetics and Applied Nutrition  
Amity University, Kolkata,  
Founder Director and Consultant  
Dietician -CNWS

## **EXCITING PRIZES::**

1ST PRIZE: RS. 1500 AMAZON VOUCHER

2ND PRIZE: RS. 1000 AMAZON VOUCHER

3RD PRIZE: RS. 750 AMAZON VOUCHER

E-CERTIFICATE WILL BE PROVIDED TO ALL PARTICIPANTS



**Distinguished Panel**

**Dr. Mansi Patil**

Committee Member, SACA RAG  
Committee Chair, Disparities in  
CVD, ASPC



**Distinguished Panel**

**Smt. Pratyasha Agrawal**

Course Coordinator  
Dept. of Clinical Nutrition & Dietetics  
Gokhale Memorial Girls' College

## **EVENT HIGHLIGHTS:**

1..KEYNOTE ADDRESS on "Nutritional Management of Type 2 Diabetes Mellitus in Adolescents"

2.EXPERT PANEL DISCUSSION on "Bridging Academic Knowledge with Clinical Practice:  
Addressing Metabolic Health Challenges in Modern Society"

3. E-QUIZ CONTEST

Focus Areas

- Clinical Nutrition Fundamentals
- Current Research in Metabolic Health
- Evidence-Based Dietary Interventions
- Public Health Nutrition Policies
- AI in Nutrition Research



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