

## **NEWSLETTER**

### **Attending World Autism Awareness Day Programme Organised by West Bengal Government**



On the 2nd of April, 2017, the Government of West Bengal took a commendable initiative to organise an event. This event observed the World Autism Awareness Day. It was essentially an awareness programme held in the antiquated Minerva Theatre. A number of doctors, psychologists and professors along with the families of many autistic children took part in this programme and along with it, a good number of psychology student from different colleges were invited.

From Gokhale Memorial Girls' College, 10 students from second year Psychology Honours Course attended this programme. They were - Marisha Ghosh, Sharmili Mitra, Anisha Mitra, Heena Sheth, Tanvi Agarwal, Smriti Khurana, Srinanda Sarkar, Triparna Banerjee, Chandreyi Sen, Semanti Mukherjee.

The programme was inaugurated by Dr.SashiPanja, Minister of State for Women & Child Welfare and Social Welfare, Govt. Of West Bengal. This was followed by Dr.Sukanta Bhattacharya's speech on Autism Spectrum Disorder, from a clinical perspective.

Dr.Mallika Banerjee was especially inspiring in her heartfelt yet equally informative speech about coping with parental stress and positive thinking.

Dr. Amrita Panda spoke about sex education for autistic individuals.

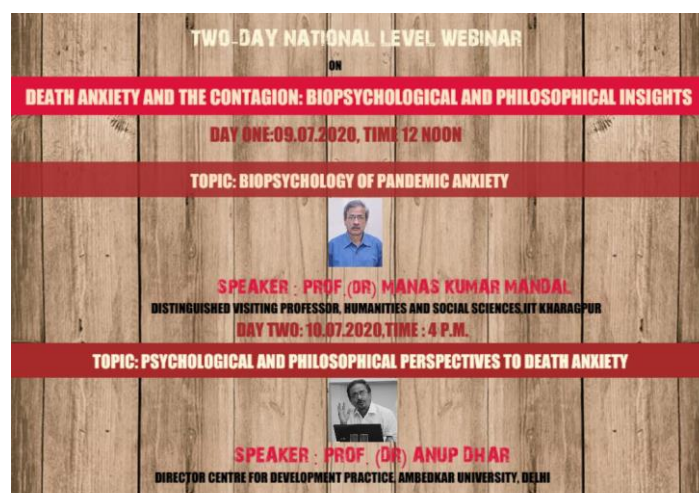
Then a few parents with autistic children shared their experiences. The programme ended with a beautiful cultural programme comprising dance, vocal music & recitation by children with ASD.



The department of psychology hosted a team of researchers from the Faculty of Linguistics Philology and Phonetics, Oxford University in February 11-28, 2013 for carrying out a field research work. The team comprised Dr. Aditi Lahiri (Principal Investigator), Dr. Allison Wetterlin, Dr.Adam Roberts and Dr. Sandra Kotzor. The research falls under a grant from the European Research Council (ERC; Words: Asymmetry, change and processing in phonological and mental representations). The purpose of this work is to understand the representation of words in the mental lexicon, with a focus on synchronic and diachronic phonology and morphology and computational phonology through psycholinguistic and neurolinguistic experiments. The language families to be examined include Germanic and Indo-Aryan languages (primarily Bengali), for which they required native Bengali speakers. The work was carried out in the laboratories of the Psychology department (PL-1 and 2). Two ex-students of Psychology department worked as research assistants on the project, and students from different departments of the college participated in the neurolinguistic and psycholinguistic experiments. For the neurolinguistic experiments Electro encephalograms (EEG) of the subjects were taken while they performed lexical decision tasks and for the psycholinguistic experiments group tests on lexical decision tasks were done. This is ongoing project- the department first collaborated with the Oxford University Linguistic department in February 2012, and hosted them again in February 2015.

Year	Name of the workshop/ seminar	Number of Participants	Date From – To	Name of Speaker with designation	Title of lecture
2020	Death anxiety and the contagion: Bio psychological and	392	7/9/2020	Prof. (Dr.) Manash Kumar Mandal Visiting Professor Humanities and Social Sciencess, IIT Kharagpur	Biopsychology of Pandemic Anxiety

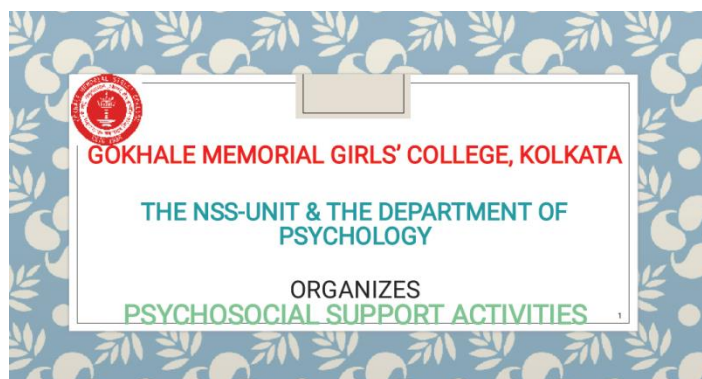
	philosophical insights				
<b>2020</b>	Death anxiety and the contagion: Bio psychological and philosophical insights	380	<b>7/10/2020</b>	Prof. (Dr.) Anup Dhar Director. Centre for Development Practice, Ambedkar University, Delhi	Psychological and Philosophical perspectives to Death Anxiety
<b>2020</b>	Perception of confinement: psychological connotations across generations.		<b>17.6.20</b>	Prof. Dr Nilanjana Sanyal, Ex-Professor, Department of Psychology, University of Calcutta  Dr Rajlaxmi Guha Associate Professor IIT Kharagpur.	Perception of confinement: psychological connotations across generations.
<b>2020</b>	Perception of confinement: psychological connotations across generations.		<b>18.6.20</b>	Prof. Dr Pritha Mukhopadhyay	Perception of confinement: psychological connotations across generations.



The Department of Psychology, Gokhale Memorial Girls' College had organized various activities in the session 2021 to 2022 for the welfare and development of the students of the department as well as the college. The first to mention here is the three month long Psychological Counseling sessions that the



department organized for the students of the college from May 2021 to July 2021. The sessions were conducted by eminent Clinical Psychologists from different parts of the country through online mode. They mainly addressed the students psychological wellbeing during the period which was the peak of the second wave of the Pandemic.



### Sessions conducted: in the month of May-June

Date	Day	Time	Speaker	Faculty
31.05.2021	Monday	5:30 – 6:30pm	Sm. Aparajita Chakraborty	Dr. Nabomita Chakraborty
07.06.2021	Monday	5:30 – 6:30pm	Sm. Ushri Sengupta	Sm. Arunima Mitra
14.06.2021	Monday	9:30 – 10:30am	Sm. Sudarshana Dasgupta	Sm. Nida Qasim
26.06.2021	Saturday	6:00 – 7:00pm	Sm. Ayoleena Roy	Sm. Suvoshree Bhattacharya
28.06.2021	Monday	5:30 – 6:30pm	Sm. Shymali Sarkar	Dr. Moon Moon Dutta

### Sessions conducted: in the month of July

Date	Day	Time	Speaker	Faculty
05/7/2021	Monday	11:30 – 12:30pm	Sm. Debarati Das	Dr. Moon Moon Dutta
06/7/2021	Tuesday	2:30 – 3:30pm	Dr. Deepa Shah	Sm. Suvoshree Bhattacharya
07/7/2021	Wednesday	9:30 – 10:30am	Sm. Pallavi Mukhopadhyay	Dr. Nabomita Chakraborty
09/7/2021	Friday	12:00 – 1:00pm	Sm. Priyanka Bhattacharya	Dr. Leena Nair Sengupta
13/7/2021	Tuesday	5:00 – 6:00pm	Sm. Jayita Saha	Sm. Arunima Mitra

Date	Topic	Speaker
21/07/2021	"Sharing experiences and finding ways to deal with grief"	Sm. Ankita Ghosh
	(Only for those students who have lost their beloved ones during the pandemic)	

The departmental faculties have been conducting regular Mentoring sessions with the students of the department for better interaction with the students and to address various issues student issues related to their academic and personal difficulties.

The department also conducted Parent Teacher Meeting with the parents of the students of the department. The PTM was conducted in online mode and provided the parents a platform to express their concerns regarding their daughters and to get feedback regarding their performance from the teachers.

The department organized Mock end semester tests for the students of the department. Semester I Mock tests were organized in February, 2021 and Semester 6 and Semester 4 in April and May 2022.

Seminars and presentations by the students on various topics of interest were organized as new and innovative teaching learning process for the holistic development of the students. Last but not the least, the Department has encouraged the students to participate in various extracurricular events organized by College (Annual Sports and Annual Cultural program, March 2022) as well as outside the college.

On 24th of September, 2022, the following six students from Psychology Department belonging to Semester 5 :

Bidisha Roy, Joytri Sanyal, Madhuparna Rajak, Neha Majumdar, Sannita Datta, Sreedutta Samanta had participated in Aesthetic Representation competition as a part of Students' Activity Week to observe AZADI-CELEBRATION OF INDEPENDENCE.



The students took part in flower representation, alpona design and fruit arrangement.

On 27th of September, 2022, the following 5 students from Psychology Department belonging to Semester 5:

Arisia Sikder, Madhuparna Rajak, Meghna Das, Sampurna Mandal, Sannita Datta had taken part in a Bangla Vocal Art Workshop organised by Cultural Club and Magazine Committee presided over by celebrity vocalist Sri Satinath Mukhopadhyay. The students had to read out a narrative which was assessed by Satinath Sir on the basis of Intonation, Pronunciation and Modulation.



### **SOCIAL OUTREACH PROGRAMME**

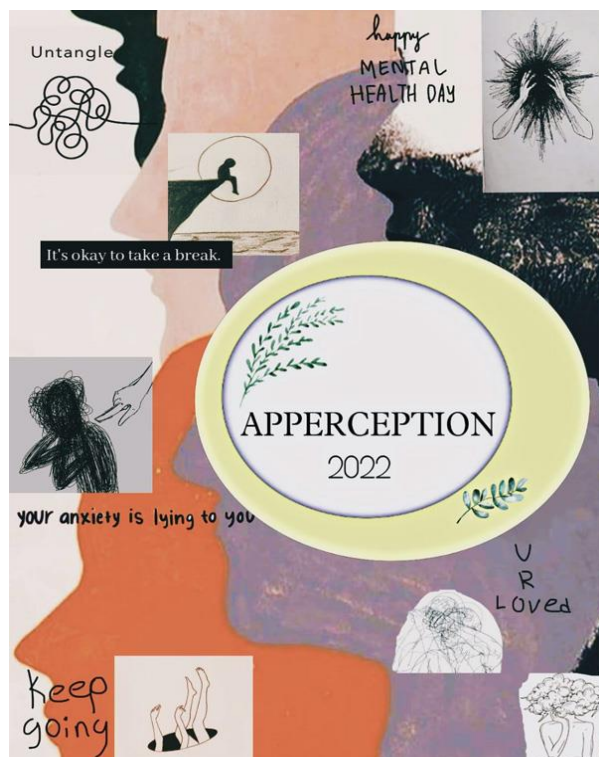
On 26<sup>th</sup> November 2022, following three students from Semester 5, Psychology department had participated in Social Outreach Program held at Sister Nivedita Children's Home, Dakshineswar, Kolkata, West Bengal, 700076, --- Anushka Bhattacharya(20/BAH/0170), Sampurna Mandal(20/BAH/0269) and Sannita Datta(20/BSCH/0048).

The program was conducted to distribute sweets, stationeries, chocolates and other valuables to the students. All total 25 students from Gokhale Memorial Girls' College participated in the activity and faculties from respective departments had also attended the program.



## Apperception 2022

E-magazine published on 10<sup>th</sup> October 2022 on account of World Mental Health Day. Students of all semesters of Psychology department contributed research based review articles; movie reviews; book reviews to observe the special day.



**WORLD MENTAL HEALTH DAY 2022**

**MAKE MENTAL HEALTH AND WELL-BEING FOR ALL A GLOBAL PRIORITY**

## **Research Work Activities 2022**

Psychology Department has taken initiative in encouraging students of Semester 5 & 6 to pursue research work under the guidance of the faculty members. After thorough screening procedure, students are selected and given the opportunity to pursue research activities.