



## **Gokhale Memorial Girls' College**

### **Activity Report of the Psychological Counselling Cell**

The Counselling Cell of Gokhale Memorial Girls' College runs from the college premises and offers psychological support, guidance and counselling to all the students of the institution. It is an active body built to nurture the pupils' motivation and mental health. It was established in 2020.

Group counselling sessions are conducted on a weekly basis for all the students semester-wise and department wise. Sessions are held on all tuesdays from 11.45 am to 12.45 pm.

#### **Photographs of group counselling sessions**





On tuesdays post the group counselling session, individual sessions with students seeking guidance by prior submission of names and follow-up sessions of the students are done in the college counselling room.

### Photographs of individual sessions



Seminar on 9.9.2022

The Counselling Cell organised an event on the World Suicide Prevention day. An inter-college power-point presentation was organised followed by a talk on suicide prevention by Dr Rima Mukherjee, a pioneering Psychiatrist. The Chief Guest for the event was Ananya Chakraborty, Honorary Chairperson, West Bengal Commission for Protection of Child Rights. The talk was open for all faculty and student participants of the institution.

Photographs of the event:





**THE COUNSELLING CELL OF  
GOKHALE MEMORIAL GIRLS' COLLEGE  
PRESENTS**

**A ONE-DAY SEMINAR AND  
INTER-COLLEGE POWER POINT  
PRESENTATION COMPETITION**

**TO OBSERVE THE  
WORLD SUICIDE PREVENTION DAY**

THEME OF PRESENTATION:  
**'CREATING HOPE THROUGH ACTION'**  
THE POWER-POINT PRESENTATIONS SHOULD BE  
7 MINUTES EACH ( MAXIMUM 7 SLIDES)

 **CHIEF GUEST:**  
**ANANYA CHAKRABORTI**  
HON'BLE CHAIRPERSON  
WEST BENGAL COMMISSION FOR PROTECTION OF CHILD RIGHTS

 **SPEAKER FOR THE EXPERT TALK SESSION:**  
**DR. RIMA MUKHERJEE**  
SR. CONSULTANT PSYCHIATRIST & FOUNDER DIRECTOR  
CRYSTAL MINDS

**DATE:**  
**09.09.2022**  
**TIME:**  
**12:00-1:00 PM**  
INTER-COLLEGE  
POWER POINT  
PRESENTATION:  
**2:00-4:00 PM**

**CONTACT NUMBER: 9830185741**





## The Counselling Cell of Gokhale Memorial Girls' College

Presents

A One Day (Talk, Lecture & Seminar)

and

Inter-College Power-Point Presentation Competition

to observe the

**“World Suicide Prevention Day”**

**Chief Guest:**

**ANANYA CHAKRABORTI**

*Hon'ble Chairperson*

*West Bengal Commission for*

*Protection of Child Rights*

**Power-Point Presentation Theme:**

**Creating Hope through Action**

**Speaker for the Expert Talk Session:**

**DR. RIMA MUKHERJI**

*Sr. Consultant Psychiatrist &*

*Founder Director Crystal Minds*

**Date & Time:**

**Friday, 9th September, 2022**

**Expert Talk - 12 noon to 1:00 pm**

**Power-Point Presentation - 2:00 to 4:00 pm**







