

# ACADEMIC CALENDER (2023-2024) JULY-DECEMBER (ODD SEMESTER)

## Semester 3

CC5	Topics	Credits	Faculty	CC6	Topics	Credits	Faculty	CC7	Credit	Faculty	SEC-A-01	Topics	Credit	Faculty
DEVELOPMENT OF PSYCHOLOGICAL THOUGHT				PSYCHOLOGICAL RESEARCH				SOCIAL PSYCHOLOGY			BEHAVIOUR MODIFICATION			
Theory	Understanding Psyche.	14	LNS SB	Basics of Research in psychology. Research Tradition.	12	LNS NC		Introduction	12	LNS	Introduction	MD		
	Positivist orientation.	12	LNS	Sampling: Probability & Non probability sampling methods.	14	SB		Understanding evaluating social world.	12	NQ	Classical conditioning; Operant Conditioning.	NC		
	Analytic debate.	12	AM	Methods of data collection.	12	AM		Social interaction & influence.	12	NC	Techniques	MD		
	Psychology of gender	12	SB	Psychological Testing.	12	NQ		Group dynamics & intergroup relations.	14	SB	Applications	MD		
Practicum	Indian Gender Role Identity Scale		NC	Coping Scale by Rao.		MD		Problem-solving		NC				

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## Semester 5

Paper	Module	Topic	Faculty	Credit	Paper	Module	Topic	Faculty	Credit
<b>UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS</b>					<b>DEVELOPMENTAL PSYCHOLOGY</b>				
<b>CC11</b>	<b>UNIT 1</b>	Biological etiology-explanations and interventions for mood disorders and schizophrenia	NC, MD	12	<b>CC12</b>	<b>UNIT 1</b>	Introduction to human development: themes and research designs	NQ	8
	<b>UNIT 2</b>	Insight-oriented explanations and interventions.	SB	12		<b>UNIT 2</b>	Stages of development	NQ	8
	<b>UNIT 3</b>	Behavioral and cognitive explanations: application in case of phobia depressions	SB	12		<b>UNIT 3</b>	Domains of human development: cognitive (MD) language (NQ), moral (AM), personality (NQ) & emotional (NC).	MD, NQ, NC, AM	15
	<b>UNIT 4</b>	Perspectives of counselling.	AM	14		<b>UNIT 4</b>	Socio-cultural context for human development	LNS	15
<b>PRACTICUM</b>		GHQ-28	AM		<b>PRACTICUM</b>		Parent-Child Relationship	SB	
<b>POSITIVE PSYCHOLOGY</b>					<b>HEALTH PSYCHOLOGY</b>				
<b>DSE-A1</b>	<b>UNIT 1</b>	Introduction- perspectives, Western & Eastern; Character strengths & Virtues.	SB	12	<b>DSE B1</b>	<b>UNIT 1</b>	Introduction.	AM	14
	<b>UNIT 2</b>	Positive Emotional States and Processes	MD	14		<b>UNIT 2</b>	Behavior and health: Characteristics, Barriers; Theories; implications.	NQ	12
	<b>UNIT 3</b>	Positive Cognitive States and Processes	LNS	12		<b>UNIT 3</b>	Health Enhancing Behaviours	LNS	12
	<b>UNIT 4</b>	Applications.	NC	12		<b>UNIT 4</b>	Health and Well-being	NC	12
<b>Practicum</b>		Well-being	MD		<b>Practicum</b>		Hope Scale	NC	

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**Semester 1 (Major)**

MDC	Topics	Hours	Faculty	SEC	Topics	Hours	Faculty	IDC	Topics	Hours	Faculty
INTRODUCTION TO PSYCHOLOGY				STRESS MANAGEMENT				PSYCHOLOGICAL PERSPECTIVES IN EDUCATION			
Unit 1	(a) <b>Introduction:</b> Nature, definition, scope and branches of Psychology, <b>Methods:</b> Observation, Experimentation, Interview, Field Study, Correlational Method	2 3	NQ	<b>Stress:</b> Introduction, Nature of stress, symptoms of stress; Various sources of stress: environmental, social, physiological and psychological.	15	NQ	<b>Education and Psychology:</b> Introduction: Education as a discipline; Contributions of Psychology to Education; Role of Play in Education; Role of a Teacher.	15	SB & AM		
	(b) <b>Brief Concepts of Schools of Psychology:</b> Structuralism, Behaviourism, Gestalt	4	LNS								
	(c)Need for <b>quantification</b> in Psychology, Levels of Measurement.	2	SB								
	(d) <b>Variables</b> and their classifications, Independent, Dependent and Controlling.	4	SB								
Unit 2	(a) <b>Attentional Processes:</b> Nature of Attention, Determinants of Attention, Shift, Oscillation, Fluctuation and distraction, theories of attention	4	NC	<b>Stress and health:</b> effects of stress on health, eustress.	15	SB	<b>Classroom Management and Assessment:</b> Issues related to Classroom Management, The IQ Creativity Controversy. Inclusive Education: Dealing with Classroom Diversity: Nature, concept and importance; Classroom Diversity: Gender, Disability.	15	All the faculties		
	(b) <b>Sensation and Perception:</b> Introduction to Psychophysics, Concept of sensory thresholds, Weber- Fechner Law, Classical Methods.	7	LNS								
	(c) <b>Biological Foundation of Behaviour:</b> Genetic basis, neuron, synapse and neurotransmitter; Reception of information through dendrites then it Moves through axon afferent neuron (first-order neuron) Spinal Cord and brainstem second order Neuron thalamus third order neuron Brain (No detailing of brain) Efferent neurons	4	SB & MD								
Unit 3	(a) <b>Processing of data:</b> (i) Tabulation, classification & frequency distribution of data; plotting Graph (Polygon, histogram & Ogive)	4	NC &MD	<b>Managing stress:</b> Methods - yoga, meditation, relaxation techniques, Problem focused and emotion focused approaches.	15	AM					
	(b) Concept, types, uses and measures of Central tendency and dispersion	6	NQ								
	(c)Normal Probability Curve	5	AM								
PRACTICUM	Fluctuation of Attention	30	NQ & MD	Perceived Stress Scale	30	NQ	1. D.A.T	25	LNS		
	Reiz Limen (RL)		AM & LNS	S.T.A.I		AM	2. G.Z.I.I		SB		
	Measures of Central tendency and dispersion. Graphical Representation: Frequency Polygon, Histogram and Ogive		NQ, MD & NC	Effect of Brief Relaxation on Perceived Stress (Pre and Post Design).		SB & NC					