



GOKHALE MEMORIAL GIRLS' COLLEGE

ACTIVITY REPORT OF AN 'EXPERT TALK' ON "NUTRITIONAL MANAGEMENT OF CRITICALLY ILL PATIENTS"

An 'Expert Talk' on "Nutritional Management of Critically Ill Patients" was organized by Department of Clinical Nutrition & Dietetics on 27.07.2024 via online mode. The event was conducted via GMeet from 12 noon – 3 pm. The programme was attended by 42 participants which comprised mostly of UG & PG students from various educational institutes across India and a few nutritionists as well. The esteemed speaker for the programme was Sm. Anuradha Sharma, Co-Owner: Basic Meals (Online Nutrition Clinic) & Former Dietician at Indaprastha Apollo Hospital, Delhi and Fortis Healthcare, Dehradun. She had pursued two months 'Critical Care and Burn Nutrition' Course from IAPEN at Choithram Hospital & Research Centre, Indore and won First Prize at Case study poster presentation at IDA National Conference 2017 on 'Diabetic 36% third-degree Burn Patient recovery.'

The resource person left no stone unturned in covering the topic's all aspects in details. Meeting high protein demands of critically ill patients, preventive & palliative care, CCU & ICU patients, dealing with patients' demands, were few of the many topics covered by her. She gave useful insights into practical scenarios of hospitals and how those differed from textbook learning. She emphasised on importance of pursuing 2-6 months internships at hospitals for application-based learning. She even shared materials related to the topic for benefit of students. All queries were addressed by her diligently. Participants were mesmerised by such an enlightening and informative session. Contact detail of speaker (email id) was shared with participants for further doubt clearance.

The event was hosted by faculty and Course Coordinator of Department, Sm. Pratyasha Agrawal who also conducted Question-Answer session along with giving the Vote of Thanks.



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**DEPARTMENT OF CLINICAL NUTRITION AND
DIETETICS**

ORGANIZES

"AN EXPERT TALK"

ON

**NUTRITIONAL MANAGEMENT OF CRITICALLY ILL
PATIENTS**

SPEAKER



Nutritionist Anuradha Sharma

**Co-Owner- Basic Meals
(Online Nutrition Clinic)**

**Former Dietician at Indraprastha Apollo Hospital, Delhi
& Fortis Healthcare**



Join Here !



**27th July,
2024**

12:00 Noon

Flyer



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Ongoing Talk by Expert Ms. Anuradha Sharma on the Topic

Concluding Session