

## **NEWSLETTER**

**(2019)**

16.02.19. - Semester 1 students, Fatema Firdaus & Jyotirmoyee Ghosh participated in balance race, Muskan Sultana in balance race & Shot put, Rituparna Chakraborty as volunteer in **Annual Sports** at Harish Mukherjee Park organised by GMGC.

16.02.19 - 1st year students Rajashree Pal & Nikita Adhikary attended '**Clinical Nutrition Update 2019**' at gateway Hotel, organised by Peerless Hospital & B.K. Roy Research Centre.

19.02.19 -Two 3rd year students Anushree Bhowmick & Tanima Ray donated blood voluntarily on **Blood Donation Day** organised by GMGC on 19.2.19 in collaboration with R.G. Kar Hospital.

24.03.19 - Krishita Mukerjee of 2nd year participated in a **scientific seminar** to celebrate Dr Amiya Kumar Bose Memorial Oration Award Session in "**Malnutrition in the Present Scenario- a clinical Dietitian's perspective**" organized by Indian Dietetic Association, Bengal Chapter at the Auditorium of Calcutta Medical Research Institute( CMRI).

08.04.2019 - A **Special Lecture** on "**Recent Advances in National Nutrition Programmes and Policies**" by Ms. Mitali Palodhi, Vice-President of Indian Dietetic Association was held in CNDV Department in Room No. LT4 on Monday at 11.00 a.m.



### **Special Lecture**

22.04.2019 - **Remedial Classes** were conducted by ex-student of department, Dr. Priyadarshini Chakraborty for Part II students.

24.04.2019 - **A Special Lecture** was held on "**Dietary Practice of Elderly and its Association with their Nutritional Status**" by Dr. Bidisha Maity, Govt. PTT, Department of Food & Nutrition, Netaji Nagar College for Women.



### Special Lecture

24.04.2019 - Sem I and Part II students attended **Seminar on Dietetics & Nutrition**, Topic: "**Panorama of Opportunities**" at NSHM campus.

29.05.2019 - **Remedial Classes** were conducted by ex-student of department, Dr. Priyadarshini Chakraborty for Sem II students.

(2020)

### *Departmental Activities:*

1. **Special Lectures** were organized by department on "Renal Nutrition" on 11.02.2020- Speaker: Soumyendu Ghosh, Clinical Dietician & Diabetes Educator & on "Diet in Liver & Biliary Diseases" on 03.03.2020-Speaker: Dt. Kalpana Ray, Chief Dietician at Park Clinic.



2. **Remedial Class** was conducted by ex- student Ms. Barishtha Sinha on 08.02.2020 for part III students on “Infection & Fever.” Doubts of students regarding other topics were also clarified.





**Online Remedial Classes** were organized by department for doubt clearance and revision of subjects for semester 2 students from 2-10 November 2020. Classes were conducted by ex-student of department- Ms. Preeti Kumari; M.Sc. (CND), NET (LS); Faculty in department of Food Science & Nutrition at Yuvaraja's College, University of Mysore.

3. **National Nutrition Month was celebrated as "Poshan Maah" in September 2020** by Semester 3 students by preparing Posters on Nutrition & Healthy Lifestyle; Tasty & Healthy Recipes & Kitchen Gardening. Their work was compiled later in a pdf format and uploaded on college website.
4. **Online Revision Classes** were organized by department for semester 2 & 4 students from 21/11/2020 to 27/11/2020 to clarify their doubts and for complete revision of their syllabus
5. Smt. Pratyahsa Agrawal
  - Delivered Video on **"Tips to Stay Healthy during the Lockdown Period"** was prepared by department Faculty, Smt. Pratyasha Agrawal and uploaded in college website to help students and staff of college maintain good health during the Pandemic of Covid 19.
  - Completed one week **FDP** (Faculty Development Programme) on **"Advanced Pedagogical Techniques"** organised by TLC, Ramanujan College, University of Delhi under aegis of MHRD, PMMNMTT from 29th October to 5th November 2020 and obtained a grade A+

- Completed 4 week **Orientation Programme** for Faculty in Universities/ Colleges/ Institutes of Higher Education organised by TLC, Ramanujan College, University of Delhi under aegis of MHRD, PMMNMTT from September 1-30, 2020 and obtained a grade A+
- Completed Three Day Online Workshop & Training programme (**FDP**) on “**Developing Skills through ICT Tools & Techniques**” organized by IQAC of GMGC from 2nd -4th July, 2020

***Internal Activities:***

1. **Annual Sports - Semester 2 & 4** students volunteered & participated in various sports competitions arranged by GMGC on 15.2.2020. Semester 4 student, Jyotirmoyee Ghosh won 3<sup>rd</sup> prize in Needle Thread Run Race.



**Annual Sports 2020**



2. **Blood Donation-** Semester 2 & 4 students volunteered while Debolina Das of Sem 2 donated blood in college campus in Blood Donation Camp organized by GMGC in association with State Government Hospital Blood Bank on 22.02.2020



3. **NSS Tree Plantation Program** was observed on 5<sup>th</sup> June 2020 & 2021 by department faculty and students by planting saplings in their home premises maintaining covid protocol.

***External Activities:***

- Students from all semesters actively participated in numerous **Online Quizzes, Competitions** (Quarantine Foodography contest, Essay Writing), **Webinars** (Local, National, International) & pursued **E-learning Programmes** (Skill Development Programmes; Online Courses from Coursera; ICMR-NIN), for their knowledge expansion.