



ACTIVITY REPORT OF ON JOB TRAINING AT CINI CHETANA RESOURCE CENTRE

An **On Job Training Programme** of 15 days was organised by **Department of Clinical Nutrition & Dietetics** for **12 semester VI students** at **CINI Chetana Resource Centre, Joka** from **15-31 May, 2025** during summer recess. The training programme got extended to 2nd June due to their Tutorial examination scheduled on 23rd May. This training programme was a part of their CBCS syllabus for paper CC-14-P (Community Nutrition Practical). Charges for 15 days training programme were Rs. 4425/- per student. **MoU** was signed by GMGC (Gokhale Memorial Girls' College) with CINI (Child In Need Institute) on 15.09.2023 due to which there was slight concession in the training fees of students. The charges for accommodation ranged from 150-600 rupees per day per head based on Non-AC/AC facility. Fooding charges were Rs. 220/ day/ head. **All charges were borne by the students.** No students availed the food facility provided by CINI while none availed the accommodation facility and travelled daily instead. Their training time schedule ranged from 10 a.m. – 5 p.m. Sunday was their holiday.

The arrangement of the On Job Training Programme at CINI included an initial 'Letter for Permission' from Mitun Bose, Program In Charge at **CINI** via email from college. This was followed by permission letter to guardians of students addressed by Principal madam. Their **Trainer** for the On Job Training Programme was Smt. **Chumkee Das** who was assisted by **Ms. Shilpa Pal**.

The **Programme** consisted of various **components** which were covered in a well-planned structured manner on daily basis. The training programme components were as follows:

1. Comprehensive orientation to CINI's history & Case Study on MCH (Maternal & Child Health) and related risk factors
2. Health Programmes & Schemes; Maternal, newborn, and adolescent care, antenatal, intra-natal, and post-natal care and family planning methods
3. Malnutrition & IYCF (Infant & Young Child Practices)
4. Communication and Counselling skills by Dr. Soma Roy, Psychologist at CINI
5. Hands-on experience with Anthropometric Measurements, Clinical Examinations for nutrient deficiencies, and Growth Monitoring using WHO standards and growth charts at Anganwadi centre (AWC)
6. Understanding role of a Community Nutritionist through field visit for diet surveys
7. Creating & using Visual Aids for Community Awareness
8. Lecture on



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- a. Human Physiology by Sm. Mitali Palodhi
- b. Health and Diseases by Dr. Arunangshu Talukdar of Geriatric Dept. of CMC
- c. Communicable & Non-Communicable Diseases by Dr. Simi Chatterjee (CINI)
9. Visit to the Thursday Under 5 Clinic
10. Preparation of low-cost, nutritious meals like Chira Polao, Alu Kabli and Nutri mix Ladoo;
11. Nutrition Education-Drama/ Role Play on “Ojon Barle Bipod Bare- Char Boyoshe Ek Somośya” at AWC followed by Nutritional Counselling;
12. Conclusion of the Training with an Assessment Test and Feedback Session.

Overall, the training proved to be a deeply enriching and insightful experience, effectively bridging academic knowledge with real-world application in community nutrition. The program strengthened theoretical foundations, significantly improved communication and counselling skills, and prepared participants to become more responsible and informed professionals in Clinical Nutrition and Dietetics.



Students learning Growth Monitoring



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Sudents learning measureemnt of Head Circumferance in Infants and Children



Preparation of IEC Material for Nutriton Education in Community



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Lecture & Discussion on Communicable and Non Commicable Diseases by Dr. Simi Chatterjee





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Low-Cost Nutritious Recipes prepared by students



Group Photo with AWW at AWC after Role Play (Drama)