



GOKHALE MEMORIAL GIRLS' COLLEGE

## **ACTIVITY REPORT OF INTER COLLEGE POWER POINT PRESENTATION COMPETITION**

Inter College PowerPoint Presentation Competition was organised by Department of Clinical Nutrition and Dietetics (CNDV) of Gokhale Memorial Girls' College (GMGC), University of Calcutta in collaboration with Department of Food and Nutrition (FNTA) of Panihati Mahavidyalaya (PMV), West Bengal State University on 6<sup>th</sup> October 2023, 11:00 a.m. in Room LT4, Science Building of Gokhale Memorial Girls' College. This was the third event to observe 'Rashtriya Poshan Maah, 2023'. The topic for this competition was 'Nutrition Rich India-Educated India-Empowered India, which was also theme for this year's RPM. Students were provided range of sub topics to select from for the competition.

The event started with the inauguration speech given by Dr. (Mrs). Atashi Karpha, the respected Principal of Gokhale Memorial Girls' College. This was followed by the felicitation of judges and guests by Principal & IQAC Coordinator, Dr. Sanchita Sen, of Gokhale Memorial Girls' College. Judges for event were:

1. Sm. Mitali Palodhi, Consultant Nutritionist; Retd. Demonstration Officer (Grade-I), Food & Nutrition Board, Government of India; Vice President- Indian Dietetic Association. She has various achievements in the field of nutrition. Currently she is also a regular Speaker of All India Radio, DDK (Door Darshan Kendra) Kolkata; Academic Counselor of M.Sc., DFSM Course of IGNOU; Visiting Faculty of Food and Nutrition Dept., H.M.M (Hiralal Mazumdar Memorial College for Women), Dakshineswar; Governing Body Member of CINI (Child in Need Institute), Chetana Resource Centre; Guest Speaker of CCRC (Child Care Resource Centre) -training Centre- CINI & Convener, NetProFaN, FSSAI (Food Safety & Standards Authority of India), Govt of India.
2. Sm. Poulamee Ghosh, Masters in Applied Nutrition; Ex- student of CNDV department, GMGC (2017-2020). She has been conducting remedial classes for students of CNDV department for the alst 1.5 years.
3. Sm. Naba Kulsum, Consultant Dietician at Fitelo; Ex- student of CNDV department, GMGC (2019-2022). She was the University Topper of her batch. She bagged first prize in departmental seminars/ oral presentation competitions in dept and other colleges as well. She received award in recipe competition as well. Currently she is also preparing for UPSC examination.

Guests included Sm. Soumita Das (SACT) & Sm. Bhaswati Ghosh (Visiting faculty) of FNTA department of PMV.

19 students from various colleges and universities across the State from both UG & PG level participated in the competition. Registration for competition was done earlier through Google form where 41 students had registered out of which 20 were selected from 11 different Colleges/ Universities. Participating institutions were Hiralal Mazumdar Memorial College for Women, Maharani Kasiswari College, Viharilal College of Home Science, Raidighi College, Midnapore College, Prasanta Chandra Mahalanobis Mahavidyalaya, Gokhale Memorial Girls' College, Panihati Mahavidyalaya, University of Kalyani, Sister Nivedita University & Maulana Abul Kalam Azad University of Technology (MAKAUT).

The atmosphere was electric as the participants and audience eagerly awaited the start of the competition. Participants were strictly asked to maintain the time limit of 8 minutes where a buzzer was given was given at 5 and then 8 minutes. An exalting demonstration of various



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sub-topics like Breastfeeding Practices in India, Colostrum: Golden Milk, Effect of Dietary Antioxidants on Nrf2 Pathway, Nutrition Education, Food Fortification-Tackling Nutrition Deficiency Worldwide, Fermented Foods, Bamboo Shoots, Understanding Eating Disorders & Nutrients, Erythropenia, Chia Seeds-Therapeutic Prevention of Cardio Vascular Disease, & Malnutrition & Child Marriage-Impact on Health, Education and Nutrition were portrayed by all the participants. Other audio-visual aids were used to supplement the presentation as well. The participants were judged by the three respected judges based on delivery of speech, dress-up, confidence, knowledge, matter assimilation & presentation and response given to the judges for the questions asked on a total of 35 marks. The presentations were accepted by the spectators with cheers and claps. Food for all the registered participants, guests and judges were arranged in the department.

The competition was a huge success and got great feedback from participants, judges as well as guests. First position was secured by UG semester V student, Suvhasree Bhattacharya of Department of Clinical Nutrition & Dietetics of Gokhale Memorial Girls' College for the topic 'Breastfeeding Practices in India,' while Manisha Sarkar, a PG 3<sup>rd</sup> Semester student of MAKAUT was the Runner -Up of the competition. Both the students were awarded cash prizes of Rs. 1500 & Rs. 1000 respectively. All the participants were provided E-certificate for award/ participation, mentioning marks obtained. The informative competition came to an end with a vote of thanks proposed by Smt. Pratyasha Agrawal, faculty of the Department of Clinical Nutrition and Dietetics of Gokhale Memorial Girls' College.

The total sponsored amount for this event by Gokhale Memorial Girls' College, was Rs. 6248/- (2500- Cash prize, 1000- Judge fees, 2506- food, 210- plants and saplings, volunteer badges- 32)



**Felicitation Ceremony**



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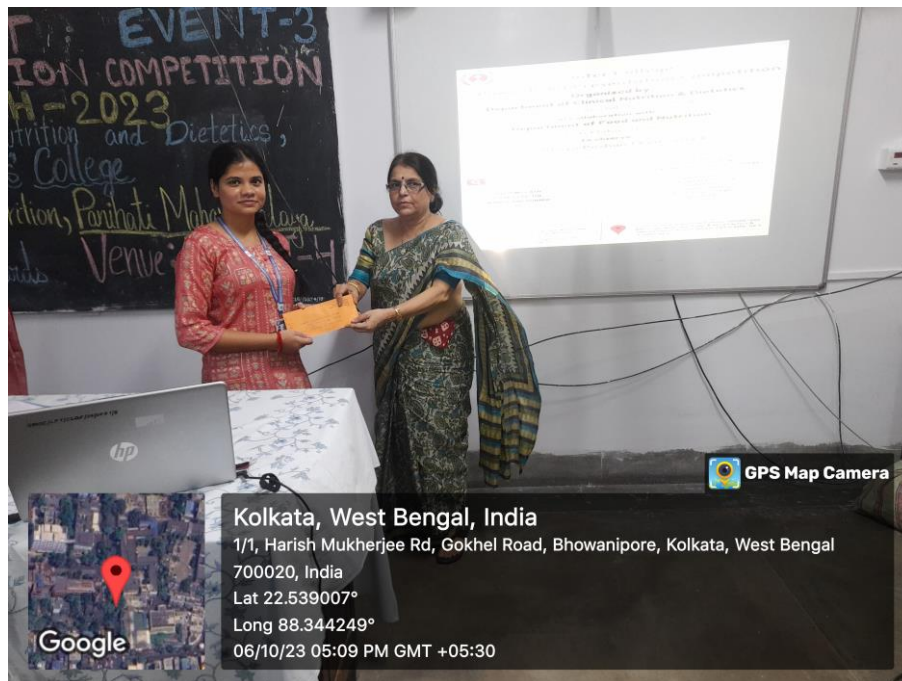
**Power Point Presentation by a Participant**



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**Group Photo with all Participants, Organizers & Judges.**



**Cash Prize being Awarded by Judge to Runner-Up**

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