



GOKHALE MEMORIAL GIRLS' COLLEGE

ACTIVITY REPORT OF FOOD FESTIVAL- A HAPPY PARTNERSHIP OF TASTE & HEALTH

The Inter-College Food Festival and Competition held on 26th September, 2023 to observe Rashtriya Poshan Maah 2023 by Department of Clinical Nutrition & Dietetics (CNDV) of Gokhale Memorial Girls' College (C.U.) in collaboration with Department of Food & Nutrition (FNTA), Panihati Mahavidyalaya (PMV) (W.B.S.U.) at Panihati Mahavidyalaya was a gastronomic extravaganza that brought together students from various colleges to showcase their culinary talents, celebrate diverse cuisines, and compete for the title of the best culinary team. The event was a vibrant fusion of food, culture, creativity, and health.

The event began with Welcome Speech by Principal of Panihati Mahavidyalaya, Dr. Debapriya De, followed by a speech by Guest of the event- Sm. Pratyasha Agrawal, Faculty, Department of Clinical Nutrition & Dietetics, Gokhale Memorial Girls' College. This was followed by lamp lighting by the Principal & FNTA faculties of PMV along with Sm. Pratyasha Agrawal.

Participating colleges were Panihati Mahavidyalaya, Gokhale memorial Girls' College and Prasanta Chandra Mahalanobis Mahavidyalaya. 16 students from the three colleges participated in the event, 2 teams representing each college. Registration fees of Rs. 50 (total Rs. 800) was collected per student by PMV. Total expenses of Rs. 2294/- was sponsored by PMV while Rs. 9 was sponsored by GMGC for feedback forms. The main theme for the food festival was " Malnutrition " and participants were asked to prepare the recipes based on the theme. Participants were asked to make low-cost budget recipes within which are easy to prepare and sell (within Rs. 35/-). Appetisers, main courses, and innovative fusion dishes were a part of the whole Food Festival. Spinach Paratha with Spinach Chicken, Beetroot Rice with Beetroot Chicken, Chicken Toothpick, Honey Lime Chicken, Beetroot Tart & Meatball Veggie Skewers. A panel of 5 judges from different departments (Botany, Geography, English, Political science, Library) of Panihati Mahavidyalaya examined and out forwarded their opinions and valuable thoughts on each of the food items. At the end of the competition, awards and winners were announced where Panihati Mahavidyalaya bagged the 1st Prize for Chicken Toothpick (Table-4) prepared and presented by semester 5 students (Sumirani Barik, Piyali Giri & Ankita Saha) of FNTA department, while Gokhale Memorial Girls' College bagged the 2nd prize for Meatball Veggie Skewers (Table-6) prepared and presented by semester III students (Asmita Chatterjee, Debanjali Das & Soumi Bhattacharjee) of CNDV department. Prasanta Chandra Mahalanobis Mahavidyalaya bagged the 3rd prize as well for Beetroot Rice with Beetroot Chicken (Table-2) prepared and presented by semester I students – Susmita Sinha & Shreyoshi Ghosh. All the participants were awarded participation certificates for their tremendous efforts in making the event a grand success.



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After judging, the food stalls were opened for sale to attendees. Attendees comprised of 63 students and faculties of Panihati Mahavidyalaya & 2 ex-students of CNDV department of Gokhale memorial Girls' College. These stalls provided a delightful experience for attendees, allowing them to taste and savor a delicious range of food at one location.

The Inter-College Food Festival and Competition was a resounding success, celebrating culinary diversity, fostering creativity, and providing a platform for students to showcase their talents. It served as an excellent example of how food can bring people from different backgrounds together and create a memorable and educational experience.

The organizers are hopeful that this event will continue to grow in the future, becoming a staple of the college calendar, and further promoting culinary arts and cultural diversity in the community.



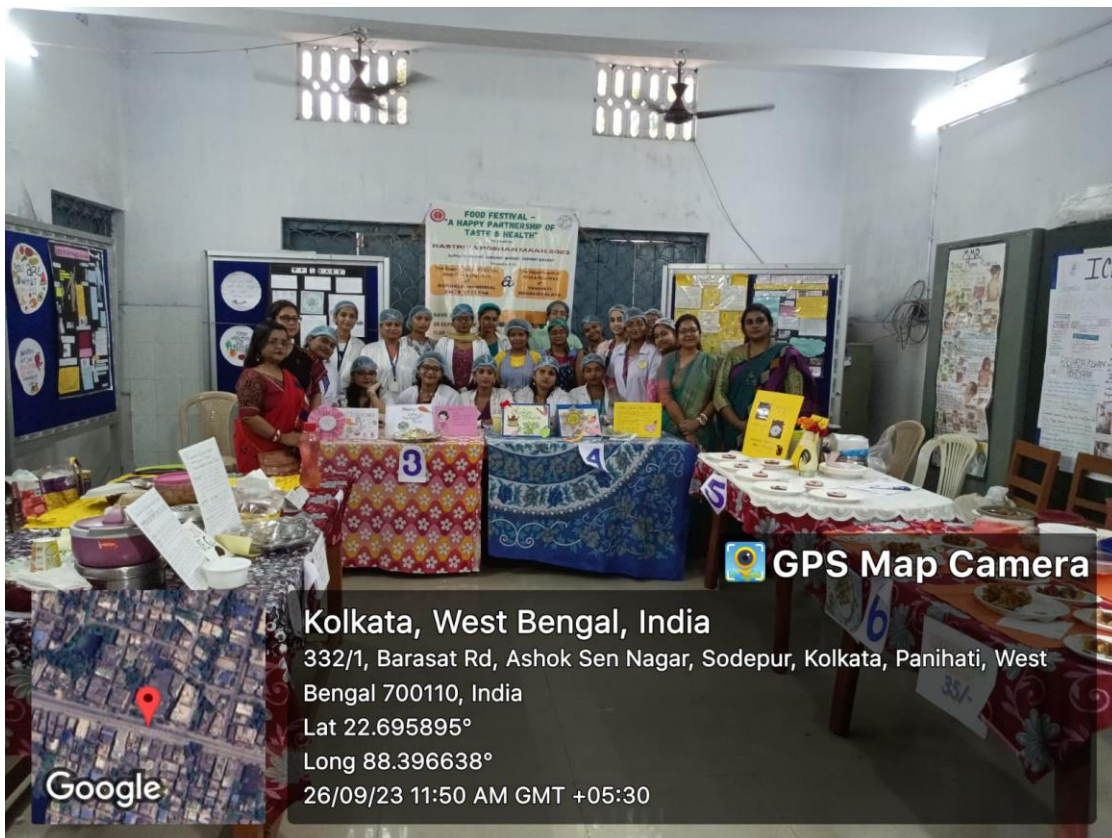
Lamp Lighting Ceremony



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CNDV, GMGC Participating Students with their Food Items



All Participants & Organisers of the Event



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Recipes being Judged

Student Contribution in Report writing:

Anushka Jana, Roll No: 21/BSCV/0111, Semester V, CNDV, GMGC