

Name Of the Program: 'Health For All'- Health Camp

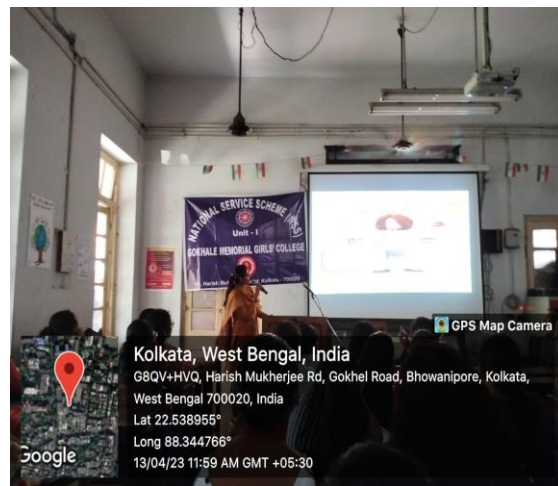
Date: 13.04.2023

Venue: LT2-LT3 & LTG, Gokhale Memorial Girls College, Kolkata

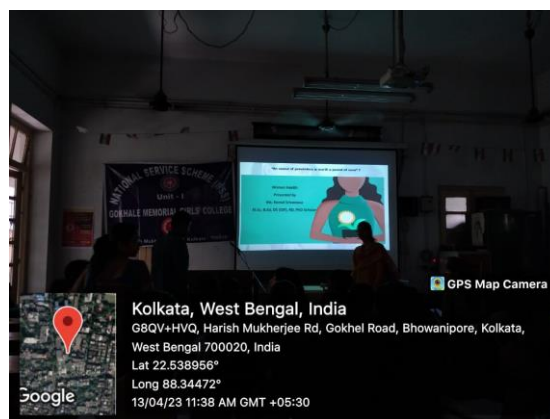
**Organised By: Department of Clinical Nutrition & Dietetics & NSS Unit 1,
Gokhale Memorial Girls College**

In Collaboration With: Rotary Club of Calcutta

The event started around 11 o'clock in the morning. In the first half of the day, a special lecture was given by the honourable guest- Sm. Komal Srivastava, registered dietician in Apollo multi-speciality hospital, Kolkata. The lecture was organised by the 'Clinical Nutrition And Dietetics ' along with the 'NSS Unit -1'. The speaker presented a lecture on 'Paediatrics Nutrition In Different Cycle'. She explained the importance of physical exercise or workout for a woman's body. A must at least 20 minutes workout in any way such as going to gym, aerobics, etc. helps keep the body in its good condition and shape, this also helps women during pregnancy and keeps the baby healthy. More than 106 students attended the lecture. The lecture was smoothly conducted with the help of our NSS volunteers.



Lecture presentation by SM. Komal Srivastava (in room LT2-LT3)



In the second half, around 1 o' clock, a medical camp was set up by the 'NSS Unit-1' of Gokhale Memorial Girls College, in collaboration with 'Rotary Club of Calcutta'. The medical check-up consisted of general health check-up and blood test. The results of the blood test were forwarded to the people through their WhatsApp. The medical check-up camp was successfully executed with the help of NSS volunteers.





Medical Check-up Camp (in room LTG)

