



GOKHALE MEMORIAL GIRLS' COLLEGE

**Activity Report of Psycho-social Support Activities**

**Purpose of Group Interactive Counselling Sessions:**

- To deal with the mental health issues of the students by certified professionals.
- To discuss the skills to handle the impact of current pandemic situation on mental health.
- Emphasizing on Grief counseling session.
- To identify students going through complicated grief reactions.

**Session conducted in the month of May-June 2021**

Date	Day	Time	Speaker	Faculty
31.05.2021	Monday	5:30 – 6:30pm	Sm. Aparajita Chakraborty	Dr. Nabomita Chakraborty
07.06.2021	Monday	5:30 – 6:30pm	Sm. Ushri Sengupta	Sm. Arunima Mitra
14.06.2021	Monday	9:30 – 10:30am	Sm. Sudarshana Dasgupta	Sm. Nida Qasim
26.06.2021	Saturday	6:00 – 7:00pm	Sm. Ayoleena Roy	Sm. Suvoshree Bhattacharya
28.06.2021	Monday	5:30 – 6:30pm	Sm. Shymali Sarkar	Dr. Moon Moon Dutta

**Session conducted in the month of July 2021**

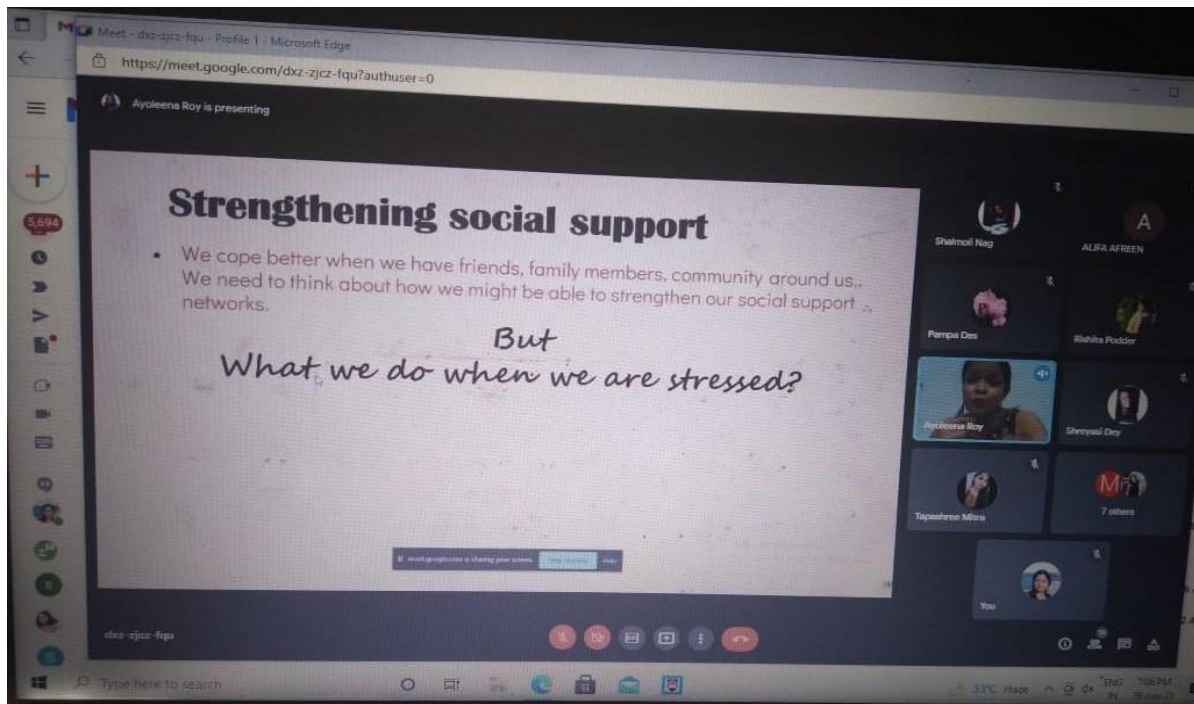
Date	Day	Time	Speaker	Faculty
05/7/2021	Monday	11:30 – 12:30pm	Sm. Debarati Das	Dr. Moon Moon Dutta
06/7/2021	Tuesday	2:30 – 3:30pm	Dr. Deepa Shah	Sm. Suvoshree Bhattacharya
07/7/2021	Wednesday	9:30 – 10:30am	Sm. Pallavi Mukhopadhyay	Dr. Nabomita Chakraborty
09/7/2021	Friday	12:00 – 1:00pm	Sm. Priyanka Bhattacharya	Dr. Leena Nair Sengupta



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13/7/2021	Tuesday	5:00 – 6:00pm	Sm. Jayita Saha	Sm. Arunima Mitra
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Date	Topic	Speaker
21/07/2021	<p>“Sharing experiences and finding ways to deal with grief”</p> <p>(Only for those students who have lost their beloved ones during the pandemic)</p>	Sm. Ankita Ghosh





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